

## Enjoy 5 Key Health Benefits of Healthier You Adult Foster Care Services

These are just a few of the many ways you'll benefit from Healthier You Adult Foster Care's full range of home health care services:

- Lower your risk of going back to the hospital
- Keep your recovery on track
- Reduce your stress and your loved ones' responsibilities
- Manage medications better
- Detect any new health issues early



## Mission Statement

The mission of Healthier You Wellness Nutrition Partners of Greater Boston, LLC, is to provide high-quality comprehensive home healthcare services beneficial to the health and wellness of Massachusetts residents through Healthier You Adult Foster Care, a home healthcare services agency licensed by the state of Massachusetts. Our vision is to build a home healthcare program that gives participants the choice of living at home—rather than going to a nursing home or assisted living facility—and continue to enjoy their social life in the community where they reside.



**For more information**

**CALL TODAY!**

**Local (508) 583-1157**

**Toll-free (800) 985-5354**

**797 North Main Street Suite #2**

**Brockton MA 02301**

**Healthier You Adult Foster Care Services**

**[www.HealthierYouWellnessPartners.com](http://www.HealthierYouWellnessPartners.com)**



**HEALING & RECOVERING  
AT HOME**

**Healthier You Adult Foster Care**



*Providing a full range of professional services  
custom-fit to your healthcare needs  
in the comfort of your own home*

**Licensed by the State of Massachusetts**





## Who We Are

### Healthier You Adult Foster Care Services

Even though your healthcare needs are changing, we understand how important it is for you to continue living at home in the familiar surroundings of family, friends, and community.

Devoted to the highest standards of excellence, our dedicated Healthier You staff works with your doctors and family to coordinate your smooth transition from a medical facility to your home. Our home healthcare team helps you with day-to-day activities, personal care needs, and healthcare regimen and consists of these professionals:

- Clinical Nurse Director
- Social Worker
- Rehabilitation Therapist
- Registered Nurse (RN)
- Case Manager
- Physical Therapist
- Homemaker
- Community Liaison
- Health Coach



## The Care You Need In the Home You Love Skilled Nursing Services

- Check vital signs – blood pressure, lungs, heart rate, temperature
- Check blood sugar levels
- Check oxygen tank levels
- Medication management
- Monitor and regulate INR blood levels
- In-home infusion/IV
- In-home catheter care
- Indentations
- Dress wound or surgery site
- Continence management
- Bowel/bladder care program
- Colostomy care program
- Patient teaching
- ...and more!



## Personal Care Services

- Showering/Bathing
- Portable Shower-In-Bed\*
- Dressing
- Meal preparation
- Leisure skills
- Laundry
- Housekeeping & other chores
- Escort to medical appointments\*\*
- Companionship
- Shopping/Errands\*\*\*
- Private aides\*\*\*

*\*Patients love this easy, relaxing way of bathing and washing hair!*

*\*\*Occasional trips and with prior approval*

*\*\*\*Ask us about this special service.*

## Related Healthcare Services

- Mental Health Counseling
- Nutritional Counseling
- Medical Equipment & Supplies
- Home Safety Modifications/Improvements



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